

CHOLESTSAFE™



>> 90 CAPSULES | 0300170.090

HELPS MAINTAIN CHOLESTEROL LEVELS WITHIN NORMAL RANGE*

WITH RED YEAST RICE, PHYTOSTEROLS & COQ₁₀

>> **CholestSafe™** is a unique combination of Red Rice Yeast, Policosanols, Phytosterols, Coenzyme Q10, Chromium Polynicotinate, Artichoke Leaf Extract and Guggul lipids. It is a great addition to any diet and exercise program that is designed to support the maintenance of HDLs, cholesterol and triglycerides within normal ranges.*



Recommended For:

- ✓ Supporting serum lipid levels within normal ranges*
- ✓ Healthy blood flow*
- ✓ Supporting levels of HDL within normal ranges*
- ✓ Encouraging healthy blood viscosity*

HDL to LDL Ratio Support

- ✓ **Red Yeast Rice** (*Monascus purpureus*) is an all-natural whole food made from dried fermented rice. Red Yeast Rice naturally helps maintain cholesterol levels within normal ranges and contains unsaturated fatty acids that support the maintenance of serum lipids within normal ranges.*
- ✓ **Chromium** is a trace mineral used by the body to regulate HDL-to-LDL ratios.* The Chromium Polynicotinate form ensures maximum bioavailability.* The average American diet is chromium deficient.*
- ✓ **Phytosterols** are plant steroid alcohols that have been shown to support the maintenance of cholesterol within normal range by blocking the over-absorption of cholesterol.* **CholestSafe™** contains a phytosterol complex from soy that yields 90% phytosterols including 180 mg of Beta-sitosterol.

Cholesterol Synthesis and Circulation

- ✓ **Policosanol** is a complex that has been studied for its ability to reduce cholesterol synthesis by the liver, protect against peroxidation of lipids, aid healthy blood flow and support the maintenance of beneficial HDLs within normal range.*
- ✓ **Artichoke (*Cynara scolymus*) Leaf Extract** is an extract that has been shown to support cholesterol within normal ranges.* Cynarin, a compound contained in artichokes, supports the production of bile, which may help the body to excrete cholesterol.* Artichoke Leaf Extract helps balance activity of the enzyme responsible for maintaining cholesterol levels within normal ranges.*

Antioxidant and Blood Viscosity Support

- ✓ **Guggul lipids** contain compounds known as guggul sterones. As antioxidants, they protect against lipid peroxidation.*
- ✓ **EPA** supports cholesterol and triglyceride levels within normal ranges and encourages healthy blood viscosity.* EPA (Eicosapentaenoic Acid) supports circulation, the immune system and vascular health.*
- ✓ **Coenzyme Q10** is critical in the generation of cellular energy.* Coenzyme Q10 is an antioxidant found in the highest concentrations in the heart, liver, kidneys, spleen and pancreas.*
- ✓ **CholestSafe™** would be a great addition to any diet and exercise program that is designed to support the maintenance of HDLs, cholesterol and triglycerides within normal ranges.*

Supplement Facts

Serving Size 3 Capsules

Servings Per Container 30

Amount per Serving	% Daily Value
Chromium (as Chromium Polynicotinate) 200 mcg	167%
Red Yeast Rice 600 mg	*
Policosanols (from Sugar Cane) 20 mg	*
Phytosterols Complex (from Soy) 500 mg	*
Yielding: total phytosterols 450 mg	
Beta sitosterol 180 mg	
Campesterol 90 mg	
Stigmasterol 66 mg	
Coenzyme Q10 20 mg	*
Guggul Lipids Powder 200 mg	*
Artichoke (leaf) Extract 100 mg	*

*Daily Value not established

Other ingredients: rice flour, vegetable cellulose, vegetarian leucine.

Contains: Soy.

Warning: If you are pregnant, nursing or taking any cholesterol-lowering medication, consult your healthcare practitioner before using this product.

Suggested Use: As a dietary supplement, take 3 capsules daily with food. The daily amount can be divided between AM and PM.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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