Natural Vitamin A

• A dietary supplement available in 10,000 IU softgels that supports skin, eye and immune system health.*

• About Vitamin A:
  Vitamin A is a fat-soluble vitamin with multiple functions in the body. It helps cells differentiate, an essential part of cell reproduction. Vitamin A also has antioxidant properties essential for proper immune system functioning.* A lack of Vitamin A can cause skin to become dry and hardened, increased susceptibility to infection.

• Who is likely to be deficient of Vitamin A?
  People who limit their consumption of liver, dairy foods and beta-carotene-containing vegetables. The elderly, people who have problems absorbing nutrients from the intestine and those who abuse mineral laxatives. People with hypothyroidism have an impaired ability to convert beta-carotene to Vitamin A. For this reason, some doctors suggest taking supplemental Vitamin A if they are not consuming adequate amounts in their diet. The earliest deficiency sign is poor night vision. Deficiency symptoms can also include dry skin.

• Symptoms of Vitamin A deficiency include:
  ☑ Reduced night vision
  ☑ Night blindness
  ☑ Dry eyes
  ☑ Rough skin
  ☑ Dry skin
  ☑ Poor wound healing

Supplement Facts
10,000 I.U.
Serving Size: 1 Softgel
Amount Per Serving

Vitamin A (as Retinyl Palmitate and fish liver oil) 10,000 IU
Other ingredients: soybean oil, gelatin, vegetable glycerin, purified water.

• Contains: Soy and fish (anchovy, mackerel, herring, menhaden, sardine and smelt).

Warning: Studies indicate that levels of Vitamin A in excess of 4,000 IU daily can increase the incidence of birth defects or other reproductive harm. If pregnant or nursing, consult your healthcare practitioner before taking this product.

• Suggested Use: As a dietary supplement, take 1 softgel daily with a meal.

Sold Exclusively Through Retailers.

0300100.100 (100 Softgels) - 10,000 IU

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.