Daily Best™

• Daily Best™ is a balanced, high potency, one a day multiple vitamin/mineral supplement for adults, in a base of herbs.

• Why Daily Best™?
  - Over 35 nutrients
  - Most complete one a day formula available
  - Based on sound biochemical and nutritional guidelines
  - Focuses on completeness, potency and bioavailability
  - Convenient and economical

• Daily Best™ offers vital nutrients for:
  - Bone health by providing adequate dietary intake of all the B Vitamins along with Vitamin D, calcium, magnesium, boron, silicon (from pectin) and zinc.
  - Cardiovascular health by providing magnesium, Vitamins A, C, E, Beta Carotene and a complete B Vitamin complex. These nutrients support homocysteine balance.*
  - Metabolic function such as balanced blood glucose levels which is supported by Vitamins C, E, B6, B12, Niacin and Biotin as well as chromium, magnesium and manganese.*
  - Antioxidant support due to Vitamins A, C, E, Beta Carotene and bioflavonoids (mixed citrus bioflavonoids and Hesperidin) which increase the effectiveness of Vitamin C by 50%.*
  - Lipotropic factors like Choline and Inositol which support fat metabolism and myelin sheath health.*

Supplement Facts
Serving Size: 1 Tablet
Amount Per Serving:
- Vitamin A (4,000 IU as Vitamin A Palmitate and
  10,000 IU as Beta-Carotene) 14,000 IU
- Vitamin C (as Ca Ascorbate & Ascorbic Acid) 300 mg
- Vitamin D2 (as Ergocalciferol) 400 IU
- Vitamin E (as d-alpha tocopheryl succinate) 120 IU
- Thiamin (as Thiamin Mononitrate) 60 mg
- Riboflavin 60 mg
- Niacin (as Nicinamide) 60 mg
- Vitamin B6 (as Pyridoxine HCl) 60 mg
- Folic Acid 400 mcg
- Vitamin B12 (as Cyanocobalamin) 60 mcg
- Biotin 150 mcg
- Pantothenic Acid (as Ca Pantothenate) 60 mg
- Calcium (as Ca Carbonate, Ca Ascorbate, Ca AAC & Ca Pantothenate) 100 mg
- Iron (as Fe Glycinate, Fe Aspartate, & Fe Fumerate) 10 mg
- Iodine (from kelp) 75 mcg
- Magnesium (as Mg Aspartate & Mg Oxide) 50 mg
- Zinc (as Zn Aspartate & Zn Picolinate) 10 mg
- Selenium (as Se AAC) 20 mcg
- Copper (as Cu AAC) 0.25 mg
- Manganese (as Mn Gluconate) 2 mg
- Chromium (as Cr Polynicotinate) 20 mcg
- Molybdenum (as Mo AAC) 10 mcg
- Potassium (as K Citrate & K Aspartate) 30 mg
- Boron (as B AAC) 1 mg
- Choline (as Choline Bitartrate) 60 mg
- Inositol 60 mg
- PABA (Para-aminobenzoic Acid) 60 mg
- Mixed Citrus Bioflavonoids 50 mg
- Hesperidin 10 mg
- Pectin 25 mg
- Betaine HCl 20 mg
- Alfalfa Leaf Powder 5 mg
- Chamomile Flower Powder 5 mg
- Rosehips 5 mg
- Red Raspberry Fruit Powder 5 mg
- Parsley Leaf Powder 5 mg
- ChromeMate® brand niacin-bound chromium.

Other Ingredients: stearic acid, microcrystalline cellulose, silica, vegetable stearate, guar gum, hydroxypropyl methylcellulose, talc.

- Contains: Soy.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under the age of 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately. If pregnant or nursing, consult your healthcare practitioner before taking this product.

Warning: This product contains lead, a chemical known to the State of California to cause birth defects and other reproductive harm.

• Suggested Use: As a dietary supplement, take 1 tablet daily with breakfast.

ChromeMate® is a registered trademark of InterHealth N.I.

Sold Exclusively Through Retailers.

0300188.060 (60 Tablets)

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