



MENS SUPERIOR[®]

MULTIVITAMIN TO SUPPORT HEALTHY PROSTATE FUNCTION*

BENEFITS ENDURANCE, STAMINA, & STRENGTH*

>> **Men's Superior[®]** contains **58** nutrients and herbs including Saw Palmetto, Pygeum, Gamma Linolenic Acid, Nettle, Zinc, B6, Alpha Lipoic Acid and more.

- ✓ **Men's Superior[®]** is a comprehensive formula exclusively for men that contains a combination of 58 nutrients, vitamins, minerals, amino acids, herbs, digestive enzymes, and essential fatty acids, including those most important for men like Saw Palmetto, Zinc, B6, Pygeum, Gamma Linolenic Acid, Lycopene and Nettle.*
- ✓ **Men's Superior[®]** uses Natural Vitamin E (d-alpha tocopheryl succinate), the most active and natural form available.* It contains Vitamin C in the ascorbate form. Formulated with contains balanced B vitamins to help manage stress, support immune system function and help reduce irritability.* B vitamins are important to proper circulatory function, for maintaining blood pressure within normal ranges and preserving proper cholesterol and homocysteine levels.*
- ✓ **Men's Superior[®]** contains 13 minerals including Zinc, which is a trace mineral that is necessary for a healthy immune response, enzyme activity, fertility and sexual function.* It also contains additional calcium for bone health.*
- ✓ L-Cysteine, L-Glutamine and DL-Methionine are amino acids necessary for increased mental energy and are in the pure crystalline form for immediate assimilation by the body.* L-Cysteine and DL-Methionine are sulfur containing amino acids that are enteric coated to help with nutrient absorption.* These amino acids also help support normal detoxification and liver function.*
- ✓ Octacosanol and Betaine help support optimal endurance, stamina and strength.*
- ✓ Saw Palmetto, Nettle and Pygeum are three herbal extracts that are synergistically effective in promoting the proper functioning of the prostate gland.*
- ✓ Alpha Lipoic Acid is a powerful nutrient that is both fat and water soluble and can extend the biochemical life of glutathione and antioxidants such as vitamins C and E.*
- ✓ Lycopene is a carotenoid extracted from tomatoes that is more potent than beta-carotene as a free radical scavenger.* Bladder, pancreas and prostate problems have all been associated with low levels of serum lycopene in the body.*
- ✓ Hesperidin is a bioflavonoid that supports capillaries and connective tissue health.*
- ✓ Bioperine[®] is a trademarked nutrient containing 95% alkaloid piperine extracted from the fruits of the black pepper. Bioperine[®] can increase the uptake of certain nutrients such as beta-carotene, Vitamin B6 and selenium.*
- ✓ Gamma Linolenic Acid is an essential fatty acid necessary for the production of hormone-like substances in the body known as prostaglandins, in particular, prostaglandins - E1 (PGE1). Aging, stress, degenerative and prostate disorders have all been associated with low levels of PGE1 in the body.*
- ✓ A proprietary blend of Vegetarian Digestive Enzymes is included to aid the body in digesting and absorbing food nutrients.*
- ✓ Iron deficiencies among men are rare. If you're concerned about your iron levels, consult your healthcare practitioner. Generally, men are advised to avoid supplemental iron or foods enriched with iron. Iron overload in men has been associated with heart disease, arthritis and impotence.*



Supplement Facts

Serving Size 2 Tablets

Servings Per Container 60

Amount per Serving

| | | | |
|--|----------|---------------|-------|
| Vitamin A (2000 IU as Palmitate & 7500 IU as beta-carotene) | 9,500 IU | % Daily Value | 190% |
| Vitamin C (as Ascorbic Acid and Calcium Ascorbate) | 500 mg | | 833% |
| Vitamin D3 (as Cholecalciferol) | 200 IU | | 50% |
| Vitamin E (as d-alpha Tocopheryl Succinate) | 200 IU | | 667% |
| Vitamin K1 (as Phytonadione) | 2.5 mcg | | 3% |
| Thiamin | 35 mg | | 2333% |
| Riboflavin | 35 mg | | 2059% |
| Niacin (as Niacinamide & Niacin) | 35 mg | | 175% |
| Vitamin B6 (as Pyridoxine HCl and Pyridoxal 5-Phosphate) | 50 mg | | 2500% |
| Folic Acid | 200 mcg | | 50% |
| Vitamin B12 (as Methylcobalamin) | 35 mcg | | 583% |
| Biotin | 150 mcg | | 50% |
| Pantothenic Acid (as Calcium Pantothenate) | 35 mg | | 350% |
| Calcium (as Ca Citrate) | 300 mg | | 30% |
| Iodine (from kelp) | 35 mcg | | 23% |
| Magnesium (as Mg Oxide) | 150 mg | | 38% |
| Zinc (as Zn Gluconate) | 15 mg | | 100% |
| Selenium (as Se AAC) | 25 mcg | | 36% |
| Copper (as Cu AAC) | 0.025 mg | | 1% |
| Manganese (as Mn Gluconate) | 2.5 mg | | 125% |
| Chromium (as Cr Polynicotinate)† | 25 mcg | | 21% |
| Molybdenum (as Mo AAC) | 25 mcg | | 33% |
| Potassium (as K Citrate) | 25 mg | | 1% |
| Boron (as B AAC) | 0.5 mg | | * |
| Silicon (from Horsetail Rush) | 3 mg | | * |
| Vanadium (as V AAC) | 10 mcg | | * |
| Choline (as Choline Citrate) | 35 mg | | * |
| Inositol | 35 mg | | * |
| PABA (Para-aminobenzoic Acid) | 35 mg | | * |
| L-Cysteine (Enteric Coated) | 50 mg | | * |
| L-Glutamine | 50 mg | | * |
| DL-Methionine (Enteric Coated) | 50 mg | | * |
| L-Aspartic Acid | 75 mg | | * |
| Saw Palmetto | 15 mg | | * |
| Nettle | 7.5 mg | | * |
| Pygeum africanum Bark Powder | 5 mg | | * |
| Octacosanol (from sugar cane) | 250 mcg | | * |
| Soy Lecithin | 50 mg | | * |
| Gamma Linolenic Acid | 5 mg | | * |
| Alpha Lipoic Acid | 5 mg | | * |
| Lycopene | 2.5 mg | | * |
| Bioperine [®] | 2.5 mg | | * |
| RNA (Ribonucleic Acid) | 5 mg | | * |
| Mixed Citrus Bioflavonoids | 50 mg | | * |
| Hesperidin | 12.5 mg | | * |
| Rutin | 12.5 mg | | * |
| Pectin | 12.5 mg | | * |
| Betaine HCl | 10 mg | | * |
| Bromelain | 2 mg | | * |
| Papain | 2 mg | | * |
| A Proprietary Blend of Vegetarian Enzymes (Including Amylase, Protease, Lipase, Hemicellulase and Lactase) | 4 mg | | * |

*Daily Value not established.

†ChromeMate[®] brand niacin-bound chromium.

Other ingredients: stearic acid, cellulose, vegetable stearate, microcrystalline cellulose, silicon dioxide, pharmaceutical glaze.

Contains: Soy.

Suggested Use: As a dietary supplement, take 2 tablets with breakfast and 2 tablets with lunch.

BIOPERINE[®] Bioperine[®] is a registered trademark and patented product of Sabinsa Corporation.

CHROMEMATE[®] ChromeMat ChromeMate[®] is a Registered Trademark of InterHealth N.I.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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