



SELENIUM

SUPPORTS HEALTHY IMMUNE SYSTEM & CARDIOVASCULAR FUNCTIONS*
WITH 200 MCG

- » **GLUTEN FREE**
- » **VEGETARIAN**
- » ***MADE WITH NON-GMO INGREDIENTS**

Selenium functions to inhibit the oxidation of fats and is an essential component of Glutathione peroxidase.*

Recommended for:

- ✓ Cardiovascular health*
 - ✓ Liver support*
 - ✓ Detoxification support*
 - ✓ Thyroid support*
 - ✓ Joint comfort*
 - ✓ Fertility*
 - ✓ Mood balance*
 - ✓ Prostate health*
 - ✓ Skin health*
 - ✓ Keeping hair from graying*
 - ✓ Production of prostaglandins, enzymes, and hormones, to decrease platelet aggregation, support normal detoxification function and to strengthen the immune system*
 - ✓ Energy production in the mitochondria by preventing the formation of free radicals*
 - ✓ Elasticity of tissues*
- » Some heart and skin conditions are linked with low levels of selenium and glutathione peroxidase. A deficiency of Selenium has been linked to heart dysfunction, fatigue, infertility, high cholesterol, increased susceptibility to infection and growth impairment.

Selenium Supports:

- ✓ Reduction of free radicals formation*
- ✓ Immune system function and aid in antibody production*
- ✓ Cardiovascular function and protects low density lipoproteins from becoming oxidized*
- ✓ Fat metabolism by balancing thyroid hormone*
- ✓ The synthesis and metabolism of thyroid hormones. The thyroid gland has higher concentrations of selenium than any other organ in the body.
- ✓ Prostate health*
- ✓ Fertility*
- ✓ Supports mood balance*
- ✓ Proper fetal growth and development*



Supplement Facts

Serving Size 1 Capsule

Amount Per Serving

Selenium (as Selenium Citrate) 200 mcg

Other ingredients: microcrystalline cellulose, vegetable cellulose, vegetarian leucine.

Warning: If pregnant or nursing, consult your health care practitioner before taking this product.

Suggested Use: As a dietary supplement, take 1 capsule, 1 to 2 times daily.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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