

## CHROMEMATE<sup>®</sup>



>> 90 CAPSULES | 0300205.090

### SUPPORTS PROPER GLUCOSE & CHOLESTEROL FUNCTIONS\* WITH 200 MCG CHROMIUM

>> **ChromeMate<sup>®</sup>** is a chromium polynicotinate and niacin combination that can help the body to build lean muscle mass, maintain glucose and cholesterol within normal ranges, and metabolize fat more efficiently.\* **ChromeMate<sup>®</sup>** supports normal appetite and weight management, glucose utilization, healthy cholesterol ratios and lean body mass.\*



✓ **ChromeMate<sup>®</sup>** brand chromium is a niacin bound chromium complex, which is the active Glucose Tolerance Factor (the factor responsible for attaching insulin to cell membrane receptor sites where insulin functions). Chromium is a co-factor in the metabolism of sugars, carbohydrates and proteins ensuring optimum utilization as energy opposed to being stored as fat.

#### ✓ **ChromeMate<sup>®</sup>** supports:

- + Healthy appetite and weight management\*
- + Glucose utilization\*
- + Healthy cholesterol ratios\*
- + Lean body mass\*

#### **Healthy Appetite and Weight Management:**

✓ Chromium helps regulate blood sugar levels, encourage fat burning over fat storage, the body stay in a fat burning mode, helps manage overactive appetite and cravings, supports healthy weight management and helps to preserve lean tissue.\*

#### **Glucose Utilization:**

✓ Chromium is a critical cofactor for glucose regulation, helping to transport blood sugar (glucose) into cells.\*

#### **Healthy Cholesterol Ratios:**

✓ The average American diet is chromium deficient. Chromium is a trace mineral used by the body to regulate HDL-to-LDL ratios.\* The body best absorbs chromium when it is taken in a form called chromium polynicotinate. Polynicotinate ensures bioavailability.

#### **Lean Body Mass:**

✓ Chromium plays an essential role in the metabolism of lipids and glucose by promoting the binding between insulin and its receptors.\*

- ✓ Insufficient chromium is associated with insulin resistance, resulting in gradual, unfavorable changes in body composition.\*
- ✓ Insulin is the primary, anabolic hormone and plays a role in thermogenesis.\*

#### **Supplement Facts**

##### **Serving Size 1 Capsule**

##### **Servings Per Container 90**

##### **Amount per Serving**

	<b>% Daily Value</b>
Niacin 1.4 mg	8%
Chromium (as Cr Polynicotinate)† 200 mcg	160%

†ChromeMate<sup>®</sup> brand niacin-bound chromium.

Other ingredients: microcrystalline cellulose, vegetable cellulose (capsule), vegetarian leucine.

ChromeMate<sup>®</sup> is a Registered Trademark of InterHealth N.I.

**CHROMEMATE<sup>®</sup>**

**Warning:** pregnant or nursing, consult your healthcare practitioner before taking this product.

**Suggested Use:** As a dietary supplement, take 1 capsule daily with a meal.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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