



L-TYROSINE

SUPPORTS MOOD BALANCE, STRESS MANAGEMENT & HEALTHY THYROID FUNCTION* 500 MG PER SERVING

>> Tyrosine is a precursor of adrenaline and the neurotransmitters norepinephrine and dopamine, which regulate mood and stimulate the metabolism and nervous system.* L-Tyrosine is recommended to support alertness, help cope with stress, support a balanced mood and support relaxation.*

Used in:

- ✓ Protein synthesis
- ✓ Epinephrine, norepinephrine and dopamine production (support mood*)
- ✓ Thyroid hormone synthesis (regulate metabolism*)

Recommended to:

- ✓ Support alertness*
- ✓ Help cope with stress*
- ✓ Support those with symptoms of PMS*
- ✓ Support a balanced mood*
- ✓ Improve sex drive*
- ✓ Support relaxation*
- ✓ Help manage appetite*

Special Dietary Needs

- ✓ The body can synthesize Tyrosine from the amino acid phenylalanine to meet the body's demands, however there are conditions like Phenylketonuria that require a dietary source of L-Tyrosine to meet the body's needs.*

Thyroid

- ✓ Tyrosine is used as a precursor to thyroid hormones tyroxine and triiodothyronine, which support healthy thyroid function.*

Mood

- ✓ Tyrosine is a precursor of adrenaline and the neurotransmitters norepinephrine and dopamine, which regulate mood and stimulate the metabolism and nervous system.*
- ✓ Inadequate levels of Tyrosine contribute to decreased production of norepinephrine and dopamine which can lead to low mood states.* Supplementing with L-Tyrosine can help support a balanced mood.*

Stress

- ✓ Some scientists believe that the brain may not be able to synthesize tyrosine from phenylalanine under stressful conditions. Epinephrine, norepinephrine and dopamine production may also be compromised as a result, but supplementing with L-Tyrosine may help the body to better cope with stress.*

Supplement Facts

Serving Size 1 Capsule

Servings Per Container 60

Amount Per Serving

L-Tyrosine

% Daily Value

500 mg

Other ingredients: vegetable cellulose (capsule), microcrystalline cellulose, silicon dioxide, vegetable leucine.

Warning: If you are taking thyroid medication or have hyperthyroidism or Grave's Disease, do not take this product.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.

Suggested Use: As a dietary supplement, take 1 capsule, 1 to 2 times daily, between meals.



*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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