

## ADRENAL BALANCE™



» 90 CAPSULES | 0300422.090

### SUPPORTS HEALTHY ADRENAL FUNCTION\*

#### B VITAMINS & HERBS

» **Adrenal Balance™** is an advanced formula that includes those nutrients that are essential to the proper functioning of the adrenal glands.\* Research suggests that prolonged exposure to stress can result in immune and adrenal dysfunction.\* This formula provides a variety of nutritional and botanical factors to support the body's ability to adapt to varying stressors from environmental or physiological causes and to help reduce stress reactions.\*



#### Adrenal Balance™ provides a variety of nutritional and botanical factors that support:

- ✓ Stress management\*
- ✓ Healthy cortisol levels\*
- ✓ Healthy immune system\*
- ✓ Balanced energy levels\*

#### Adrenal Gland Function

- ✓ Pantethine, B Vitamins and Phosphatidylserine are nutrients that support healthy adrenal gland function.\* Pantethine is related to vitamin B5 and helps to manage the over-secretion of cortisol.\* It is also a precursor to Coenzyme A, a stress reducing enzyme necessary for adrenal function.\* B Vitamins and Phosphatidylserine support adrenal gland function by supporting stress management.\*

#### Stress Management

- ✓ Riboflavin, Niacin, B6, Folic Acid, B12 and Biotin support adrenal function, stress management, blood glucose metabolism and energy production.\* B Vitamins support the adrenal glands in the production of hormones and coenzymes, and by maintaining the health of the nervous system.\*
- ✓ Ashwagandha, Ginseng, Licorice, Pantethine and Phosphatidylserine work to support stress management and help to maintain cortisol levels within normal ranges.\*

#### Cortisol Support

- ✓ Licorice helps to reduce the amount of hydrocortisone broken down by the liver, which reduces the workload of the adrenal glands.\* Phosphatidylserine is considered a balancing nutrient for both physical and emotional stress.\* It helps to modulate cortisol over-production and has been shown to have a positive effect on mood.\* Pantethine helps to reduce the over-secretion of cortisol.\*

#### Energy Support

- ✓ B Vitamins, Ginseng and Licorice work together to support balanced energy.\* Licorice along with *Eleutherococcus senticosus* Root Extract and *Panax ginseng* are herbs that are well known for their ability to increase energy and vitality.\* They help to rejuvenate the adrenal glands, reduce mental fatigue as well as support physical stamina and endurance.\* B Vitamins are crucial for helping the body cope with stress and are essential for numerous functions including food metabolism and energy production, the formation of red blood cells, protecting cells against free-radicals, blood sugar regulation, supporting adrenal glands in the production of hormones, regulating electrolyte balance and maintaining the health of the nervous system.\*

#### Supplement Facts

##### Serving Size 1 Capsule

##### Servings Per Container 90

##### Amount per Serving

|  | % Daily Value |
|--|---------------|
| Vitamin C (as Ascorbic acid and Ca Ascorbate) 100 mg   | 167%          |
| Thiamin 25 mg  | 1667%         |
| Riboflavin 25 mg   | 1471%         |
| Niacin (as Niacinamide) 25 mg  | 125%          |
| Vitamin B6 (as Pyridoxal-5-Phosphate) 25 mg  | 1250%         |
| Folate (as [6S]-5-methyltetrahydrofolic acid from 200 mcg of Quatrefolic® [6S]-5-methyltetrahydrofolic acid, glucosamine salt) 100 mcg | 25%           |
| Vitamin B12 (as Methylcobalamin) 20 mcg  | 333%          |
| Biotin 75 mcg  | 25%           |
| Pantethine 50 mg   | 500%          |
| <i>Eleutherococcus senticosus</i> Root Extract 150 mg  | *             |
| Ashwagandha Extract 150 mg   | *             |
| yielding Withanolides 3.75 mg  | *             |
| Phosphatidylserine Complex (from soy) 50 mg  | *             |
| <i>Panax ginseng</i> Extract 50 mg   | *             |
| Deglycyrrhizinated Licorice ( <i>Glycyrrhiza glabra</i> ) Root Powder 10 mg  | *             |

\*Daily Value not established

Other ingredients: hypromellose (capsule), vegetarian leucine, microcrystalline cellulose.

**Contains: Soy.**

**Warning:** If pregnant, diabetic, have hypertension, or are on blood thinning medications, consult your healthcare practitioner before taking this product.

**Suggested Use:** As a dietary supplement, take 1 capsule with meals, 3 times daily.

 **Quatrefolic®** is a registered trademark of Gnosis S.p.A. U.S. Patent No. 7,947,662

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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