

MILK THISTLE



>> 90 CAPSULES | 0300769.090

SUPPORTS HEALTHY LIVER FUNCTION*

300 MG EXTRACT

>> Our **Milk Thistle** contains powerful flavonoids collectively known as Silymarin which appear to support liver cell membrane health.* Silybin is the most beneficial component of Silymarin. Our **Milk Thistle** is standardized to yield 240 mg (80%) Silybin per capsule.



Recommended to support:

- ✓ Liver Health and Function*
- ✓ Normal Liver Detoxification*

Historical Uses

- ✓ Used historically (for over 2,000 years) to support liver and biliary function.*

FoodScience[®]'s Milk Thistle

- ✓ FoodScience[®]'s **Milk Thistle** is standardized to yield 240 mg (80%) Silymarin per capsule.
- ✓ Silymarin is a powerful flavanoid derived from milk thistle extract. Silybin comprises 70% of silymarin and is the most beneficial component of this flavanoid.
- ✓ Silymarin is a potent free radical fighter, and supports stabilization of our cellular membranes and detoxification pathways.* It is shown to support phase II detoxification pathways in mice.*

Liver Function

- ✓ **Milk Thistle** supports the body's natural ability to detoxify and aid in proper bile production.* It also has a soothing effect on liver, kidney and bladder tissues.*
- ✓ **Milk Thistle** has been the subject of numerous scientific and clinical studies.

Milk Thistle Supports:

- ✓ Liver and kidney cell health*
- ✓ Normal Liver Detoxification*
- ✓ Fat digestion and bile production*
- ✓ Balanced blood sugar and cholesterol levels within normal ranges*
- ✓ Excretion of cholesterol*
- ✓ Hormone secretion*
- ✓ Normalizes tumor necrosis factor (TNF) and leukotriene secretion*
- ✓ Protein synthesis in the liver, which helps transform LDLs to HDLs and supports healthy liver cell function*

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 90
Amount per Serving

Milk Thistle (*Silybum marianum*)
 Extract (seed) 300 mg
 Yielding: Silymarin 240 mg

% Daily Value

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*Daily Value not established.

Other ingredients: microcrystalline cellulose, vegetable cellulose, vegetarian leucine.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.

Suggested Use: As a dietary supplement, take 1 capsule daily with food.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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