



## SAW PALMETTO

### SUPPORTS PROPER PROSTATE FUNCTION\*

#### 320 MG EXTRACT

» **Saw Palmetto** (also referred to as sabal or *Serenoa repens*) is an evergreen palm that grows in the southeastern U.S. Native American women historically used **Saw Palmetto** for premenstrual needs and to support healthy lactation.\* Our **Saw Palmetto** is standardized to yield 80 mg (25%) Free Fatty Acids per capsule in a vegetarian formula.

#### About Saw Palmetto

- ✓ Much of the beneficial constituents are found in the berries of this evergreen palm.
- ✓ It has been used for centuries as a by women as a powerful agent in urinary tract health, premenstrual needs, and healthy lactation in nursing mothers\*.
- ✓ Today, it is commonly used in men suffering from benign prostatic hyperplasia (BPH) because it can help slow the production of 5-alpha reductase, the enzyme which signals the prostate to grow.\* Saw Palmetto may also benefit those men seeking help with male-pattern hair loss, as supplementation helps keep testosterone levels in balance.\* As testosterone levels decline with age, the hormone DHT increases and can slow hair growth as well as shrink existing hair follicles.\*
- ✓ Saw Palmetto works well with zinc and essential fatty acid supplementation.\*



#### Supplement Facts

**Serving Size 1 Capsule**

**Servings Per Container 90**

**Amount per Serving**

**% Daily Value**

Saw Palmetto

(*Serenoa repens*) Extract (berry) 320 mg \*

Yielding: Free fatty acids 80 mg

\*Daily Value not established.

Other ingredients: vegetable cellulose, microcrystalline cellulose, vegetarian leucine, silica.

**Warning:** If pregnant or nursing, consult your healthcare practitioner before taking this product.

**Suggested Use:** As a dietary supplement, take 1 capsule daily with a meal.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Copyright© 2016. All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted, in any form or by any means, electronic, mechanical, photocopying, recording, or otherwise, without prior written permission of the copyright owner.