



PRO-THYROID™

SUPPORTS HEALTHY THYROID FUNCTION*

B VITAMINS, TYROSINE & IODINE

>> **Pro-Thyroid™** is a vegetarian blend of tyrosine, selenium, iodine, copper, zinc, manganese, ForsLean® brand *Coleus forskohlii*, *Bacopa monnieri*, guggulsterones, ChromeMate® brand chromium and B vitamins, all of which work together to optimize thyroid function, address fatigue, promote a normal weight and appetite, balance mood, a healthy promote a normal weight and appetite, balance mood, improve T4 and T3 ratios and support optimal cellular metabolism.*



Pro-Thyroid™ is a vegetarian blend of Tyrosine with herbal extracts, vitamins and minerals not found in other supplements, and includes patented ingredients ForsLean® *Coleus forskohlii*, ChromeMate® brand Chromium, and Quatrefolic® Folic Acid.

Pro-Thyroid™ supports healthy:

- ✓ Appetite and weight management*
- ✓ Energy*
- ✓ Mood*
- ✓ Production of thyroid hormones T3 (Triiodothyronine) and T4 (Thyroxine)*

Appetite and Weight Management:

- ✓ **Chromium** helps regulate blood sugar levels, helps the body stay in a fat burning mode, helps manage overactive appetite and cravings, supports healthy weight management and helps to preserve lean tissue.*
- ✓ **ForsLean® *Coleus forskohlii*** supports lean body mass through ergogenic activity.* It stimulates AMP (adenosine monophosphate), which then stimulates metabolism for greater fat burning.*

Energy:

- ✓ Folic Acid is needed for the manufacture of red blood cells. Fatigue is associated with a folic acid deficiency.*

Mood balance:

- ✓ **Tyrosine** supports balanced mood as it is required for the production of dopamine, norepinephrine and epinephrine which are responsible for regulating mood.* It also helps to manage normal appetite cravings.*
- ✓ ***Bacopa monnieri*** is an Ayurvedic herb that has been use to increase focus and concentration.*

Thyroid gland and hormone production:

- ✓ **B Vitamins** such as B2 are needed for proper metabolism and thyroid function. A lack of B2 can contribute to low thyroid function.* Vitamin B6 helps to regulate the production of thyroid hormones.* It also supports the utilization of iodine required for the production of hormones.*
- ✓ ***Bacopa monnieri* -EI** has been shown to support the thyroid's production of T4.*
- ✓ **Copper** plays an important role in thyroid metabolism, especially in hormone production and absorption.*
- ✓ **ForsLean® brand *Coleus forskohlii* - EI** is a perennial plant from the mint family. It contains an active compound called forskolin, which has been shown to mimic the effect of TSH (Thyroid Stimulating Hormone) with regard to iodine uptake.*
- ✓ **Guggulsterones** (extracted from the Indian herb *Commiphora mukul*) have been shown to support the concentration of thyroid hormones in the blood, especially the ratio of the active T3 to T4 in the blood.*

- ✓ **Iodine** is required for the production of thyroid hormones. It is a component of the thyroid hormones T3 (triiodothyronine) and T4 (thyroxine), and is therefore essential for normal thyroid function.*
- ✓ **Manganese** deficiency can reduce thyroid activity.* Manganese is required for T4 production.
- ✓ **Selenium** is required for thyroid hormone production, activation and metabolism. It is an essential component of an enzyme that converts T4 to T3.*
- ✓ **Tyrosine** is required for the synthesis of thyroid hormones. A deficiency has been associated with low thyroid function.*
- ✓ **Zinc** is involved in the process that converts inactive T4 into active T3.*

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 60

Amount per Serving	% Daily Value
Vitamin B2 (as Riboflavin 5-Phosphate) 5 mg	294%
Vitamin B6 (as Pyridoxal 5-Phosphate) 25 mg	1250%
Folate (as [6S]-5-methyltetrahydrofolic acid from Quatrefolic® [6S]-5-methyltetrahydrofolic acid, glucosamine salt) 400 mcg	100%
Iodine (as K Iodide) 225 mcg	150%
Zinc (as Zn Glycinate) 10 mg	67%
Selenium (as Selenomethionine) 50 mcg	71%
Copper (as Cu Glycinate) 500 mcg	25%
Manganese (as Mn Glycinate) 5 mg	250%
Chromium (as Cr Polynicotinate)† 50 mcg	42%
L-Tyrosine 500 mg	*
<i>Bacopa monnieri</i> Extract 200 mg yielding Bacosides 40 mg	*
<i>Commiphora mukul</i> Extract 100 mg yielding Guggulsterones 2.5 mg	*
<i>Coleus forskohlii</i> (ForsLean® Brand) Extract 100 mg yielding Forskolin 10 mg	*

*Daily Value not established.

†ChromeMate® brand niacin-bound chromium.

Other ingredients: vegetable cellulose (capsule), microcrystalline cellulose, vegetarian leucine.

Warning: Do not take this product if you have an overactive thyroid, bleeding disorders, cardiovascular disease or hormone sensitive conditions; or if you are taking blood thinners, calcium channel blockers, nitrates, or statin drugs. Discontinue use 2 weeks prior to any elective surgeries. If pregnant or nursing, consult with your healthcare professional before taking this product.

Suggested Use: As a dietary supplement, take 2 capsules with food, twice daily until results occur. Then take 2 capsules daily with food.

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Quatrefolic® Quatrefolic® is a registered trademark of Gnosis S.p.A. U.S. Patent No. 7,947,662

ForsLean® ForsLean® is a Registered Trademark and Patented Product of Sabinsa Corporation., U.S. Patent # 5,804,596.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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