

CORTISOL SUPPORT™



>> 60 CAPSULES | 0300980.060

**SUPPORTS STRESS MANAGEMENT,
NORMAL APPETITE & A BALANCED MOOD***

POWERFUL HERBAL COMBINATION

>> **Cortisol Support™** is a unique formula that combines the adaptogenic and neurotonic benefits of Bacopa standardized extract with Relora®, a proprietary blend of herbal extracts to promote a sense of calm.*

Cortisol Support™:

- ✓ Helps to stabilize levels of the stress hormone cortisol*
- ✓ Supports those neurotransmitters which optimize a balanced mood.*
- ✓ Works to regulate melatonin, a hormone that regulates sleep*
- ✓ Helps to manage stress-related challenges such as irritability, emotional ups and downs, restlessness, tense muscles, poor sleep and concentration difficulties*
- ✓ Helps to manage stress related cravings for carbohydrates*

About the Ingredients

- ✓ **Relora®** is an advanced natural and patented combination of Magnolia and Phellodendron extracts to help support normal levels of the Cortisol and DHEA hormones produced by the body, both of which promote the management of stress.* It works by binding to stress receptors in the nervous system to promote relaxation and feelings of well being while ignoring the receptors associated with sedation.*
- ✓ **Bacopa monnieri** has been used in the Ayurvedic system of medicine for centuries. Traditionally, it was used as a brain tonic to enhance memory development, learning and concentration. The constituents responsible for Bacopa's cognitive effects are bacosides A and B.
- ✓ **Bacosides** aid in repair of neurons by enhancing kinase activity, neuronal synthesis, restoration of synaptic activity, and nerve impulse transmission.* They also have free radical scavenging activity.*
- ✓ **Cortisol Support™** is designed for stress and stress-related eating.* It should be used as an adjunct to an exercise and diet program.
- ✓ **Cortisol Support™** supports healthy weight management for those who experience excessive stress.* Excessive stress can lead to food cravings and increased fat storage, particularly in the belly.
- ✓ **Cortisol Support™** supports a less stressed state while encouraging improved memory and concentration.*
- ✓ **Cortisol Support™** is **vegetarian** and **gluten free**.



Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60
Amount per Serving

	% Daily Value
Relora®	
(a proprietary blend of a patented extract from <i>Magnolia officinalis</i> bark and <i>Phellodendron amurense</i> bark extract) 375 mg	*
<i>Bacopa monnieri</i> Leaf Extract 100 mg	*
yielding Bacosides A & B 20 mg	

*Daily Value not established.

Other ingredients: vegetable cellulose, microcrystalline cellulose, vegetarian leucine.

Warning: Do not take if pregnant or lactating. Do not take if currently taking any prescription medication or receiving medical treatment without consulting your healthcare practitioner.

Caution: Relora® may cause drowsiness; use caution in operating automobiles and heavy machinery. Do not take with alcohol as drowsiness can increase. Discontinue use 2 weeks prior to surgery.

Suggested Use: As a dietary supplement, take 1 capsule, twice daily with food.



Relora® is a Registered Trademark of NPI, LLC, U.S. Patent # 6,582,735.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Copyright© 2016. All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted, in any form or by any means, electronic, mechanical, photocopying, recording, or otherwise, without prior written permission of the copyright owner.